

## **Dubbo RSL Aquatic and Health Club**

### **Pool Lane Timetable TERM 1 2026**

#### **Monday – Friday**

| Time                           | Lanes Available | Program                   |
|--------------------------------|-----------------|---------------------------|
| 5:00 – 9:30 am                 | 8 lanes         | Lap Swim / Casual Swim    |
| 9:30 – 11:30 am                | 6 lanes         | Learn to Swim             |
| 1:30 – 2:15 pm (Tue, Wed, Fri) | 5 lanes         | Aqua Zumba                |
| 4:00 – 6:00 pm                 | No lanes        | Learn to Swim (Full Pool) |
| 6:15 – 7:00 pm (Mon & Thu)     | 5 lanes         | Aqua Class                |
| Other times                    | 8 lanes         | Lap Swim / Casual Swim    |

#### **Saturday**

| Time            | Lanes Available | Program                |
|-----------------|-----------------|------------------------|
| 9:00 – 11:30 am | 5 lanes         | Learn to Swim          |
| Other times     | 8 lanes         | Lap Swim / Casual Swim |

#### **Sunday**

| Time            | Lanes Available | Program                |
|-----------------|-----------------|------------------------|
| 8:00 – 11:00 am | 3 lanes         | Dubbo Ducks            |
| After 11:00 am  | 8 lanes         | Lap Swim / Casual Swim |

**AUSTSWIM Recognised Swim Centre**

**25m Indoor Heated Pool – 8 Lanes**

**Pool Temperature: 28–30°C**

**Term 1, 2026: 30th January – 2nd April**

**Location:** Dubbo RSL Aquatic and Health Club, Cnr Wingewarra & Brisbane Street, Dubbo

**Phone:** 6884 1777

#### **Opening Hours:**

- Monday – Friday: 5:00 am – 9:30 pm
- Saturday: 7:00 am – 5:00 pm
- Sunday: 8:00 am – 4:00 pm

**Please Note:** This timetable is a guide. School bookings or one-off lane hire may occur in addition to the sessions below. Timetable is subject to change.

You are **not permitted** to swim in Learn to Swim lanes or on steps while lessons are in progress. During Learn to Swim Lessons, Squad Training, and Aqua Classes, the pool may be busy and loud at times with limited lane availability.

**Thank you for understanding the importance of teaching children to swim.**

