Dubbo RSL Aquatic and Health Club

Pool Lane Timetable TERM 4 2026

Monday – Friday

Time	Lanes Available	Program
5:00 – 9:30 am	8 lanes	Lap Swim / Casual Swim
9:30 – 11:30 am	6 lanes	Learn to Swim
1:30 – 2:15 pm (Tue, Wed, Fri)	5 lanes	Aqua Zumba
4:00 – 6:00 pm	No lanes	Learn to Swim (Full Pool)
6:15 – 7:00 pm (Mon & Thu)	5 lanes	Aqua Class
Other times	8 lanes	Lap Swim / Casual Swim

PLEASE NOTE- During term 4 the pool is heavily booked between the hours of 11:30am-1:30pm for school swimming. Thank you for understanding the importance of teaching children to swim.

Saturday

Time	Lanes Available	Program
9:00 – 11:30 am	5 lanes	Learn to Swim
Other times	8 lanes	Lap Swim / Casual Swim

Sunday

Time	Lanes Available	Program
8:00 – 11:00 am	3 lanes	Dubbo Ducks
After 11:00 am	8 lanes	Lap Swim / Casual Swim

AUSTSWIM Recognised Swim Centre
25m Indoor Heated Pool – 8 Lanes
Pool Temperature: 28–30°C
Term 4, 2026: 12th October – 26th December
Location: Dubbo RSL Aquatic and Health Club, Cnr Wingewarra & Brisbane Street, Dubbo
Phone: 6884 1777

Opening Hours:
- Monday – Friday: 5:00 am – 9:30 pm
- Saturday: 7:00 am – 5:00 pm
- Sunday: 8:00 am – 4:00 pm

Please Note: This timetable is a guide. School bookings or one-off lane hire may occur in addition to the sessions below. Timetable is subject to change.
You are **not permitted** to swim in Learn to Swim lanes or on steps while lessons are in progress.
During Learn to Swim Lessons, Squad Training, and Aqua Classes, the pool may be busy and loud at times with limited lane availability.

Thank you for understanding the importance of teaching children to swim.